

Implementing a Pathway for transition for Patients from Paediatric To Adult LD Services

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Introduction

Through staff and service user engagement using participant questionnaires and an online workshop it was identified that there were several issues within the process of how Young people in Pediatric LD services Transition to Adult LD services once they become adults. It was highlighted that there is not any pathway or process for Transition to Adult LD services and often transition can get lengthened and approach is not standardised

Improvement methodology

- Small focus group of Pediatric and Adult LD teams, Service users and family established to explore current ways of working and concerns.
- we Used process mapping of what was already happening
- Research of current best practice and NICE guidance to advise pathway alongside Service user/staff feedback
- Benchmarked current practice against Evidence base and NICE clinical Guidance.

2 PDSA cycles implemented before The New Pathway was ratified

The approach

What we were trying to accomplish

A clear Evidence based pathway for Clinicians to support Transition from Pediatric to Adult LD services

What we measured to understand if our change was an improvement

- Benchmark current practice against Best practice and NICE Guidelines
- Completed Process Mapping of what was being carried out currently
- Used LEAN methodology to look at processes
- Completed 2 PDSA cycles looking at the Pathway process and using LEAN methodology.

What changes we made / are making

- Draft pathway ratified and implemented
- Transition Clinic Held every month to review referrals and pathway- attended by Pediatric and Adult LD Services.

The impact

- Clear Pathway for All to follow that is evidence based and service user focused
- Better relationships between Pediatric and Adult LD services (measured on Questionnaire)
- Improved confidence of transition (measured on Questionnaire) from Service users and clinicians
- Anecdotal evidence from Service user feedback gathered, regarding the positive impact the pathways has had for a young persons transition to a new service.

Leadership learning

- I would like to get some more quantitative data regarding things such as:
- Average age of referral
- Average wait for assessment from Adult services

I would like to complete further PDSA Cycles that have been planned to ensure that the Pathway remains appropriate and streamlined.

Next steps

- Further questionnaire has been sent out to service users and clinicians
- Audit Team within our trust have been contracted to help with gathering and collating data to form next actions.
- Look at further PDSA cycles to continue to review Pathway.